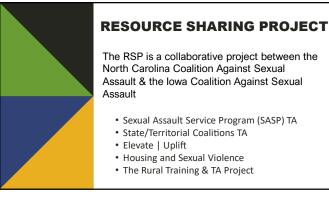


PRESENTERS LASHAE LOPEZ **LEAH GREEN** RSP RSP

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OBJECTIVES FOR TODAY

- 1. Administrators will learn the dynamics of child sexual abuse and who is affected by it.
- 2. Administrators will explore how trauma interrupts a child's development and affects their needs for healing later in life.
- Administrators will learn about types of services and how a trauma-informed approach centers the survivor's needs.
- 4. Administrators will identify action steps they can take in funding services for adult survivors of child sexual abuse.

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BUILDING RESILIENCE

The gap in services:

- · Child sexual abuse is prevalent
- Children grow into adults and deserve resources
- There are adult survivors of child sexual abuse (ASCSA) being (often silently) served in every program and project across the country

<u>Purpose:</u> to help advocacy programs understand the needs of ASCSA, and therefore how to structure services and their organization as a whole to support these survivors

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BUILDING RESILIENCE

Project partners:

- MIWSAC
- Activating Change
- Olga Trujillo
- NCCASA
- JDI

<u>Collaborators:</u>

- Adult survivors of child
- sexual abuse
- Trauma informed therapists
- Tribal, state, and territory coalitions
- Rural sexual assault advocates



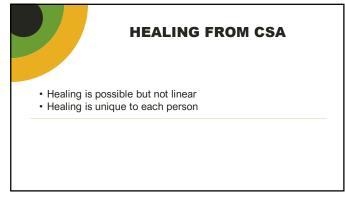


IMPACT OF CSA

- CSA affects child development
- Complex family dynamics
- Often a larger pattern of emotional abuse and grooming
- Silence and secrecy are ingrained
- Many areas of life that are impacted
- Coping for the trauma starts young

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HEALING FROM CSA Common methods to healing oConnection to culture and identity oRelationship and community building oAddress the relationship to the body oFind a safe way to get curious





INFRASTRUCTURE TO SUPPORT SERVICES

- The purpose of advocacy is to support healing
- Create a culture that embraces services that are open-ended, collaborative, reflective
- Being curious and self-reflective

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INFRASTRUCTURE TO SUPPORT SERVICES

- o Supervisory support for reflection and growth
- o Education around the social context and history of the work
- $\,\circ\,$ Education on ASCSA and advocacy skills
- $\circ\,$ Time to practice "soft" advocacy skills
- $\,\circ\,$ Time and space to creatively serve ASCSA
- o New and revised structures that account for ASCSA
- o Intentional outreach to ASCSA

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HOW CAN YOU HELP?

VOCA administrators have the power to influence meaningful positive change to services

- Determine funding priorities
- How you write and review RFPs
- How you monitor programs
- Partner with your coalition
- Share our resources
- · Collaborate with other administrators
- Focus on healing across the lifespan



HOW CAN WE HELP?
Healing Services for Survivors of Child Sexual Abuse SASP Admin Course
Building Resilience: Conversations with and about ASCSA
Come on In: Reimagining Shelter as a Healing Space for ASCSA
Not Damaged, Not Broken: Exploring Mental Health & Substance Use
E- learning (title TBD)
Coalition curriculum (title TBD)

